

PATIENT INFORM	MATION
Name:	
(Last) (First)	(Middle Initial) (Nickname)
Mailing Address:(Street/PO Box) (Apt./Unit #)	(City) (State) (Zip)
Home Phone: Work Phone:	Ext. #: Cell:
Social Security #: Sex: □M □F	Birth date: Age:
Marital Status: ☐Single ☐Married ☐Divorced ☐Widowed ☐Other	
Ethnicity:   American Indian/Alaskan Native   Asian   African/American   Hispanic	□White □Hawaiian/Pacific Islander □Other
GUARANTOR INFORMATION (Person v	vho is financially responsible)
Name:	Birth date:(Middle Initial)
Mailing Address:  (Street/PO Box) (Apt./Unit #)	(City) (State) (Zip)
Relationship to Patient: Spouse Mother Father Sibling Other (relationship	
Home Phone: Cell Phone:	
INSURANCE INFOR	
, , , , , , , , , , , , , , , , , , , ,	
Primary Insurance Co. Name:	
Subscriber's Name: Relationship to Pt:	
Employer:	
Birth date: Member ID #:  Secondary Insurance Co. Name:	
Subscriber's Name: Relationship to Pt:	
Employer: Keladioliship to Ft. S	
Birth date: Member ID #:	
bitti date Mellibel 10 #	Group to #
CONSENTS TO RELEASE	INFORMATION
I hereby consent for Meier Clinics to contact my Primary Care Physician or other health This consent shall remain in force during my treatment at Meier Clinics and for 90 days for	
Physician Name:	Phone #:
Address:	
I hereby consent for Meier Clinics to contact the person(s) below as deemed necessary r my treatment at Meier Clinics and for 90 days following my last visit or after services hav	
Name Relationship Daytime Phone # Evening Phone #	OK to leave Financial Medical Other (Specify) message Info. Info.

### **CONSENT FOR CONTACT VIA E-MAIL**

By providing an e-mail below, I hereby consent to the following: •Contact by Meier Clinics via e-mail communication at the personal address below as I am 18 years old or older, or the e-mail provided is that of a parent/legal guardian. •E-mails may be viewed by unintended persons as e-mails are not sent by way of encryption. •E-mail communication may be seen, received and/or responded to by any Meier Clinics staff in order to facilitate the communication. •E-mail is not intended for clinical purposes or a replacement to therapy but may be used as a simple adjunct to therapy or for administrative purposes. •I release and hold harmless Meier Clinics and Meier Clinics staff for any claim(s) I may have, past, present and future, arising from the use of e-mail. •This consent will remain in force during my treatment at Meier Clinics, until all account activity has been successfully completed, or upon receipt of my written revocation.

E-mail Address:	

#### **ACKNOWLEDGEMENTS**

By signing below, I acknowledge the following:

Patient Signature

Staff Witness:

TO BE COMPLETED ONLY BY STAFF Provider:

- I have been offered the "Notice of Privacy Policies and Clients Rights."
- I have consented to treatment provided by Meier Clinics and its employees or designees (caregivers). I understand Meier Clinics serves as a training ground for mental health professionals and that I may be seen by an intern who will provide care to me under the supervision of a licensed professional. I authorize the services deemed necessary or advisable by my caregivers to address my needs.
- I authorize use and disclosure of my personal health information for the purposes of diagnosing or providing treatment to me, obtaining payment for my care, or for the purposes of conducting the healthcare operations of Meier Clinics. I authorize Meier Clinics to release any information required in the process of applications for financial coverage for the services rendered. This authorization provides that Meier Clinics may release objective clinical information related to my diagnosis and treatment that may be requested by my insurance company (if applicable) or its designated agent.
- I authorize and request my insurance plan(if applicable) pay directly to Meier Clinics the amount due for services rendered to the patient, myself, or others covered by the above insurance plan(s). I authorize the release of any medical, mental health, or substance abuse information necessary to process insurance claims for services rendered. I understand this consent is subject to revocation at any time, except where action has already been taken on the basis of this release. Unless revoked earlier, this consent will be null and void six months after the final payment has been received on this account. This consent is subject to state and federal confidentiality regulations.
- I agree to take full responsibility for the entire amount due for any and all services rendered. If the provider is contracted with my insurance company, I will be responsible only for the co-pay, co-insurance, deductible, and non-covered services as determined by the insurance plan. If I do not inform Meier Clinics in a timely manner of any changes to my insurance coverage, I understand that I may need to pay for services in full if payment is denied in part or in full by my insurance carrier. I further understand that I may not be able to schedule appointments if my account becomes delinquent and/or my account is turned over to collections.
- I understand that my patient records are the property of Meier Clinics and shall be treated as confidential; that Meier Clinics will conduct routine patient audits to insure quality record maintenance; that my records will not be released without my written consent or as provided by the laws of the State where I am receiving treatment. I understand that if I choose to have my records or treatment updates provided to a third party, I must request this in writing using Meier Clinics "Authorization for Use and Disclosure of Protected Health Information" form or another acceptable form, with the exception of information I have agreed to release per this Acknowledgement.
- I acknowledge that if I need to cancel or reschedule an appointment I will provide a minimum of one business day's notice. Otherwise, I understand that I am subject to the full charge for the missed appointment and am responsible for payment in full.
- I acknowledge that Meier Clinics is not a 24/7 care facility and that I am responsible for seeking care at my nearest emergency center or through another provider of choice when my Meier Clinics caregiver is not available.

Date:

• I certify that all the information I have provided above is true and correct.

t dient bignature.	Butc.
Guarantor's Signature (if not patient):	Date:
Patient/Guardian Name (please print if applicable):	
PLEASE COMPLETE THIS SE	ECTION ONLY IF APPLICABLE
CHILD AND ADOLESCENT CO	DNSENT FOR TREATMENT
I certify that I am the  father,  mother,  legal guardian and have legal custody of patient to receive outpatient assessment/treatment from  I understand it is the policy of Meier Clinics that the parent/guardian bringing the patie will be responsible for payment of the patient's treatment regardless of any financial at the patient's other parent or responsible party. I understand that Meier Clinics assumes party with whom I may have financial arrangements for the patient's medical care.	ent for treatment is responsible for payment at the time services are rendered. I rrangement for payment of the patient's medical care, either oral or written, with
Parent/Guardian Name (please print):	
Parent/Guardian Signature:	Date:

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Comments:



## **Patient Preference Regarding Communication of Health Information**

### **Who to Contact**

I hereby authorize **Meier Clinics** ("Facility") to disclose and discuss any information related to my medical condition(s) to/with the following family member(s), relative(s), close personal friend(s), and/or others I so designate:

close personal menu(s), and/or ou				
NAME	RELATIONSHIP T	O CLIENT	TELEPHONE	
Name	RELATIONSHIP T	O CLIENT	TELEPHONE	
Name	RELATIONSHIP T	O CLIENT	TELEPHONE	
☐ I do not wish to disclose any i	nformation with	anyone.		
The duration of this authorization understand that requests for medic require a specific authorization pri	al information f	om persor	ns not listed ab	ove will
SIGNATURE OF PATIENT OR LEGAL REPRES	SENTATIVE		DATE	TIME
Authorize Meier Clinics to condition, such as lab reports and reminders on the phone number(s) indefinitely until I revoke it through	other test results provided. This	s regarding , medication authorizati	g any medical/ions, and appoin	ntment
Ayımyı				
	JD 12ED TELEDRUME	NIIMDED(C)		
☐ HOME ☐ HO ☐ WORK ( ) - ☐ W	ORK ( )	NUMBER(S):	☐ HOME ☐ WORK (	) -
☐ HOME ☐ HO ☐ WORK ( ) - ☐ W	OME ORK ( ) OBILE  I may revoke thi	s consent i	□ HOME □ WORK ( □ MOBILE  n writing, care	of the



# CONTACT INFORMATION

Child/Adolescent		Birthdate		
Address	City	State	Zip	
Mother	Hm Phone	Wk/ce	ll Phn	
Mother's Address	City	State	Zip	
Father	Hm Phone	Wk/cell	Phn	
Father's Address	City	State	Zip	
Legal Guardian Name	Relationshi	p?		
Who does the child/adolescent live w	vith?			
Relationship				



## PARENT/LEGAL GUARDIAN QUESTIONNAIRE/PSYCHOSOCIAL

## Child and Adolescent Assessment for Ages 15 and Younger

Name of Child/Adolescent:		Age: Sex: 🗆 M 🗆 F
		Ethnicity/Race:
DACT THE ATMENT		
PAST TREATMENT  Has your child ever had any previous	ous mental health treatment?   Yes	□ No
If so, check which type(s) and the		
• • • • • • • • • • • • • • • • • • • •		
	nerapy:	
•		
Is your child currently on any med		
List:		
	aken in the past for anxiety, depression,	
List.		
· · ·	ions, past or present, have been effective	
<b>SYMPTOMS</b> Please check any th	at apply presently or in the past.	
☐ Sleep Problems	☐ Anger Problems	☐ Behavior Problems at School
☐ Nightmares	☐ Mood Swings	☐ Academic Problems
☐ Low Energy	☐ Temper Tantrums	☐ Talk/Thoughts of Death
☐ Concentration Problems	☐ Depressed Mood	☐ Hurt Self or Others
☐ Appetite Problems	☐ Anxiety/Worry/Panic	☐ Harm to Animals
☐ Bingeing/Purging	☐ Obsession/Compulsions	☐ Alcohol/Drug/Tobacco Use
☐ Health Complaints (e.g.,	☐ Fears	☐ Sexual Acting Out
headaches, stomach aches)	☐ Oppositional/Defiant	☐ Runaway

### **MEDICAL HISTORY**

Please rate your child/adolescent in each of the following areas:

	Good	Fair	Poor
Health			
Hearing			
Vision			
Gross Motor Coordination			
Fine Motor Coordination			
Speech Articulation			

Did your child/adolescent experience prenatal exposure to alcohol, tobacco or drugs? ☐ Yes ☐ No
Has your child/adolescent's physical development been normal? ☐ Yes ☐ No
If no, please explain:
Has your child/adolescent had any chronic health problems (e.g. asthma, diabetes, heart condition)? ☐ Yes ☐ No
If yes, please explain:
Are immunizations current and up to date? ☐ Yes ☐ No
Check which of the following illnesses your child/adolescent has had:
☐ Mumps ☐ Chicken Pox ☐ Measles ☐ Whooping Cough ☐ Scarlet Fever ☐ Pneumonia ☐ Seizures
☐ Encephalitis ☐ Otitis Media ☐ Lead Poisoning ☐ Other
How many accidents has your child/adolescent had? ☐ One ☐ 2-3 ☐ 4-7 ☐ 8-12 ☐ over 12
Check if your child/adolescent has had any accidents resulting in the following:
☐ Broken Bones ☐ Head Injury ☐ Stomach Pumped ☐ Lost Teeth ☐ Eye Injury ☐ Severe Lacerations
☐ Stitches ☐ Severe Bruises ☐ Other
Check if your child/adolescent has had surgery for any of the following conditions:
☐ Tonsillitis ☐ Appendicitis ☐ Leg Or Arm ☐ Burns ☐ Adenoids ☐ Digestive Disorder ☐ Hernia
☐ Eye, Ear, Nose or Throat ☐ Urinary Tract ☐ Other
Does your child/adolescent have bladder control problems?
At night? The Yes The No If yes, how often?
During the day?
Does your child/adolescent have bowel control problems?
At night? The Yes No If yes, how often?
During the day?
Has your child/adolescent ever been diagnosed with a medical problem? ☐ Yes ☐ No
If yes, what and how treated?
What are your child/adolescent's current medical needs?

At what ago did your shild/adalas	
- ·	scent show adult body development?
	gin menstruating?
• • •	with the onset of menstruation/body development?   Yes   No
Does your child/adolescent appear	r appropriately comfortable with the opposite sex?   Yes   No
Is your child/adolescent sexually	active? ☐ Yes ☐ No ☐ Don't Know
Have there been any pregnancies	or abortions?   Yes Don't Know
Has your child/adolescent ever be	en the recipient of or perpetrator of neglect, violence, or sexual abuse?   Yes No
·	
J, P	
SCHOOL HISTORY	
Indicate any of the following scho	ool problems that apply
indicate any of the following send	During what grade(s)?
Oppositional	
Disrupt class	
Inattentive	
Refuse to go to school	
Fail to turn in work	
Disorganized	
In-school suspension	
Out-of-school suspension	
Expelled from School	
Has your child/adolescent ever ha	ad problems with his or her learning ability?   Yes  No
•	
Summarize your child/adolescent	's progress (e.g. grades, academic, social, behavioral) within each of the following
	ur child/adolescent attended public, private or home school.
Grades 1-3:	
	been attempted? ☐ Yes ☐ No
If yes, please list:	
·	y educational testing? ☐ Yes ☐ No
If yes, please list:	
What is your child's learning styl	e?

SOCIAL HISTORY	
How does your child/adole	scent get along with his/her brothers/sisters?
☐ Better than average	☐ Average ☐ Worse than average ☐ Doesn't have any siblings
How easily does your child	/adolescent make friends?
☐ Easier than average	☐ Average ☐ Worse than average
•	nds does your child/adolescent have?
$\square$ None $\square$ 1 $\square$ 2	·
	loes your child/adolescent keep friendships?
-	☐ 6 months – 1 year ☐ 2 years or more
Describe your child sociall	•
· ·	
	ecure  Outgoing  Passive  Aggressive  Other
What extracurricular activi	ties is your child/adolescent involved in?
What jobs or chores does y	our child/adolescent have?
•	ever had any legal problems?   Yes  No
If yes, please explain:	
Are you aware of any alcol	nol, tobacco, and/or other drug use by your child/adolescent?   Yes No
, , , , , , , , , , , , , , , , , , ,	
If yes, please explain:	
If yes, please explain:	<u>TORY</u>
If yes, please explain:  RELIGIOUS/FAITH HIS  What is your family's relig	TORY ious background?
If yes, please explain:  RELIGIOUS/FAITH HIS  What is your family's relig  Does your child/adolescent	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:	TORY ious background? currently attend religious services? □ Yes □ No
If yes, please explain:  RELIGIOUS/FAITH HIS  What is your family's relig  Does your child/adolescent  If yes, where?  Please list any issues (posit	ious background? running tend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS  What is your family's relig  Does your child/adolescent  If yes, where?  Please list any issues (posit	ious background? currently attend religious services? □ Yes □ No ive or negative) that are important or may have affected your child in regard to faith:  y of the following in the family. If yes, write in who (e.g., mother, grandfather, aunt, e
If yes, please explain:  RELIGIOUS/FAITH HIS  What is your family's relig Does your child/adolescent  If yes, where?  Please list any issues (posit  FAMILY HISTORY  Check if there is any histor	rorry ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor	rorry ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor Learning Disabilities ADD/ADHD	ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor  Learning Disabilities ADD/ADHD Mental Retardation	ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor Learning Disabilities ADD/ADHD	ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor  Learning Disabilities ADD/ADHD Mental Retardation Depression	ious background? currently attend religious services?
If yes, please explain:  RELIGIOUS/FAITH HIS What is your family's relig Does your child/adolescent If yes, where? Please list any issues (posit  FAMILY HISTORY Check if there is any histor  Learning Disabilities ADD/ADHD Mental Retardation Depression Anxiety Disorder	ious background?

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Current living situation of child/adolescent:		
☐ Both parents' home	☐ Relative's Home	
☐ One parent's home	☐ Friend's Home	
•	☐ Other	
Primary living situation for past year:		
	☐ Relative's Home	
1		
1	☐ Friend's Home	
Please describe the family home:  House  Apartm	ent 🗖 Condo Other	
Number of rooms Number of bathrooms	Number of bedrooms	
Please indicate who sleeps in each bedroom:		
Please describe your neighborhood:		
Who has taken care of your child/adolescent most of their		
Who is the primary disciplinarian in the family?		<del></del>
Are they:   Strict Lenient		
•	oinline? Always Alvays	aller T Comptions T Danaler
Do parents agree on the issues of parenting, rules and dis	=	
What strategies have been used to address problems? ( $\underline{C}$		<u>le</u> those that have been successful)
☐ Verbal Reprimands ☐ Time Out ☐ Removal	•	
☐ Physical Punishment ☐ Giving In To your child	d □ Avoiding your child	
On the average, what percentage of time does your child/	adolescent comply with initia	d commands?
□ 0-20% □ 21-40% □ 41-60% □ 61-80%	□ 81-100%	
On the average, what percentage of the time does your ch	nild/adolescent eventually con	nply with commands?
□ 0-20% □ 21-40% □ 41-60% □ 61-80%	□ 81-100%	
Do parents get along with one another? ☐ Always ☐	Usually □ Sometimes □	Rarely
Have there been or are there currently any major changes		•
	•	re your child was falsed:
☐ Yes ☐ No If yes, please check all the followin	·	
T' ' 1 11	In past	Current (6 months or less)
Financial problems		<del> </del>
Frequent moves  Job changes		
Drinking and/or drug problems		
Arguments between parents/partners		+
Separation or divorce of parents		+
Remarriage of parent(s)		
Separation from sibling(s)		
Frequent physical punishment		
Physical confrontations between parents/partners		
Mental illness in family		
Physical illness in family		
Psychiatric hospitalization of a parent/partner		
Death in the family		
Incestuous behavior in family		
Other: Explain		

What are the family's strengths?				
What are the family's weaknesses?				
What are your child/adolescent's strengths?				
what are your clind/adolescent 3 strengths:				
What are your child/adolescent's weaknesses?				
What do you see as an issue(s) important to your chi	ild/adolesce	nt?		
Please mark any of the statements below that apply t	to your fami	ily:		
	Yes	No		
Our family is warm and loving.				
People are often arguing in our family.				
Everyone goes his or her own separate way.				
Family members say what is on their minds.				
Our family hides things.				
What would you like to change about your family?				
There has the femile have should be your shild/ada	10000012000			
How has the family been changed by your child/ado	iescent s pro	obiem(s)?		
What is the Couril 2 areas to time of the couring				
What is the family's expectation of treatment?				
What has the fearth are a thing to the second of	XX/1.1.1.6	1 1		
What does the family see as their role in treatment?	willen falli	ry members ar	e withing and able to partic	sipate?

hat were not previously mentioned?
s and/or disorders.
child/adolescent? □ Yes □ No
we should know in order to be more helpful?
cational test results, report cards, behavior cuments to your next appointment.
(Date)
(Date)

### **Meier Clinics**

### **Adolescent Questionnaire**

NOTE: THIS FORM IS OPTIONAL! Any information you give me would help me to know more about you (rather than just what your parents say about you). If you would rather not, please feel free to answer only part or none of the questions. Name \_\_\_\_\_ Age \_\_\_\_ How do you feel about being here? ( ) It's fine with me ( ) I don't care either way ( ) I'm against it Have you ever seen a counselor before? ( ) Yes ( ) No What event(s) or problems have caused you to come for counseling? Health Check all that apply to you: I have difficulty falling asleep. ( ) I wake up frequently during the night. ( ) I wake up very early and can't get back to sleep. ( ) ( ) I feel tired much of the time. I have gained or lost 10 lbs. or more within the past 2 months. ( ) I sometimes eat way too much or feel my eating is out of control. ( ) I sometimes vomit after eating too much to get rid of the food. ( ) I have a hard time concentrating. ( ) ( ) My memory is not as good as it used to be. I have stomach aches or headaches a lot. ( ) ( ) I have thoughts that trouble me sometimes. ( ) I worry a lot. ( ) Sometimes I wish I didn't have to go on living. Check below the three (3) feelings you most often have: () sad () happy ( ) angry ( ) irritable/"touchy" ( ) anxious/nervous ( ) bored ( ) confused
( ) confident
( ) "hyped up"/energetic
( ) guilty
( ) lonely () shy () depressed ( ) worthless List any medications you are currently taking:

School 2

What school do you go to?							
What grade are you in?							
What activities (if any) are you in at school (such as sports, music etc.)?							
What do you like the most about school?							
What do you like the least about school?							
Activities and Interests							
What do you do for fun?							
What activity would you like to do that you haven't done yet in your life?							
Friendships & Relationships							
How much time do you spend with others your age? ( )a lot of time ( )some time ( )not much							
time							
Do you have a "best" friend? ( ) Yes ( ) No							
If so, how long have you known him/her?							
Do you have a boyfriend/girlfriend? ( ) Yes ( ) No							
If so, how long have you been dating?							
Do people at school tend to label your group of friends (e.g. skaters, metalheads, preps, etc.)?							
( ) Yes ( ) No							
If so, what label would you usually be given?							
Do you have someone you can talk to about personal issues in you life? ( ) Yes ( ) No							
If so, who?							
How do you generally think of adults? (Please check all that apply)							
<ul> <li>( ) helpful</li> <li>( ) out of touch with you</li> <li>( ) friendly</li> <li>( ) caring</li> <li>( ) jerks</li> <li>( ) smart or wise most of the time</li> <li>( ) stupid or dumb most of the time</li> <li>( ) can't be trusted or counted on</li> <li>( ) usually mean</li> </ul>							

<b>Drug and Alcohol Use</b>						3
	never	tried	,	monthly	•	•
How often do you drink?	( )	( )	( )	( )	( )	( )
Smoke cigarettes? Smoke marijuana?	( )	( )	()	()	( )	
Use cocaine/crack?	()	()	()	()	( )	( )
Use acid/LSD?	( )	( )	( )	( )	( )	( )
Tried other drugs? (Please list	)					
<b>Family</b>						
Describe your family in a few	words: _					
Who do you get along with the	e best in y	our famil	y?			
What would you change about	your fam	ily if you	were give	n the power	to do so?	
<u>Faith</u>						
Do you currently attend church	ı, synagoş	gue, or mo	osque? (	) Yes	( ) No	
Are you involved in a religious	s youth gr	roup? (	) Yes	( ) No		
Have you had any positive or n	negative e	xperience	es related t	o your faith?	? () Ye	es () No
Please List:						
<u>General</u>						
What is your earliest memory f	from chile	dhood? _				
Please list any major changes i	n your lif	e over the	e past five	(5) years (e.	g., moving,	parents
divorced, etc.):						
Is there anything else you want	t me to kr	now about	t you?			
Signature			_		Date	